AP Psychology Post-Exam Projects

You must complete both of these items by your final (see calendar) at which time you will be presenting them in class to share with your classmates. You will have the assigned dates on our class calendar (handed out separately) as well as any additional time you need at home.

1. Psychology of a Favorite Story: Choose a favorite book, fairy tale, TV series, or movie and explain the characters/story using your knowledge of psychology. You can choose any of the following choices, or if you have another idea let me know.

\* Regardless of which topic you choose you MUST begin with a synopsis of the story and the main characters. Your write-up should be at least 3 pages in length. There can be no duplicate stories in the same class period; you will choose based on the number order you select randomly in class.

1) Social Psychology: Identify specific examples of Social Psych concepts in the story and explain why they are good examples of these concepts. Group dynamics/ prejudice/ authority/ conformity/ etc. You must include a detailed description of multiple concepts in order for this to receive full credit. Also include in your description the purpose for the story—what are we supposed to learn in terms of social interactions from the tale?

2) Development: Where would you classify the main characters in terms of their moral development (Kohlberg), their psychosocial development (Erikson), and their cognitive development (Piaget)? You must address multiple characters from each developmental perspective. Also include in your description the purpose for the story—what are we supposed to learn in terms of development from the tale?

3) Disorders/Treatments: Create a detailed analysis of three or more characters that includes:

- Background information on the patient (you can embellish a bit here and might be a bit more detailed than the intro described above)

- Your diagnosis using quotes/scenes as well as diagnostic criteria from the DSM-5

- Explanation for your diagnosis. This might include information about their background, childhood, experiences or biological/genetic factors. (Again, you might want/need to embellish a little, just remember it needs to be appropriate.)

- Recommended treatment/therapy (take any perspective you wish).

You will need a visual to go along with your write-up; this could include a PowerPoint/Google Slide, a Prezi, a poster, a short video, or an illustrated guide (feel free to think outside the box here, if you have another idea for a visual let me know). If your final project contains a digital component please share it with me at krnichj@mdusd.net .

Project Two: Vision Board/Happiness Poster

Create a poster with a written explanation attached that reflects your own happiness and visions for the future. Your poster must include the following elements as well as any additional creative items you wish to add to personalize it.

- Inspiration: Compile at least 5 quotes, lyrics, passages, poems, or sayings that are inspirational to you to include on your poster.

You must include in your explanation why the quotes inspire you. Each individual quote, lyric, poem, etc. must have its own focus in your write-up.

- Moments of Happiness: Over the course of the next week, capture at least five moments of beauty or happiness by taking a picture and including it on your poster. Also, include five pictures you have taken from the past.

Explain why you chose to include the photos you did in your write up.

- Being Your Best: Write about a situation in the past three or four years when you were at your best – using all of your strengths. Choose an image to represent that situation to include on your board.

- Values: Write about your top five values and why they hold the most meaning for you. Find two images to include on your board that reflect your values.

- Count Your Blessings: What are you thankful for? Choose at least two visual items to include on your board that reflect some of what you’re thankful for.

- Acts of Kindness: What random acts of kindness have you accomplished and what can you do in the future to bring happiness to others? Choose at least one image to include that represents your act(s) of kindness to include on your board.

- Making the World a Better Place: As you go out in to the world, what are you going to do to make the world better? List at least 3 ways that you will commit to bettering your community or the world on a larger scale. Choose at least one visual to include on your board that represents this commitment.

- Bucket List: Generate a list of 25 items that you would like to accomplish in your lifetime, assuming you will live to be 100 years of age. Think about this list in terms of your life goals (career, family relationships, financial, intellectual, physical, hobbies, experiences). Choose three visual items to include on your board to represent your bucket list.

- Best Possible Future Self: Think about your life in the future. Imagine that everything has gone as well as it possibly could. You have worked hard and succeeded at accomplishing all of your life goals. Think of this as the realization of all of your life dreams. Now, write about what you imagined, and include at least three images on your board to represent your future self.